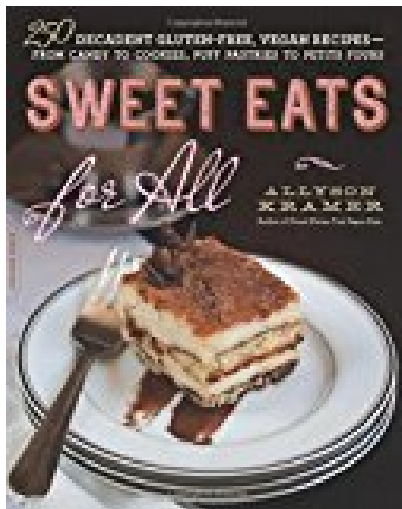


Sweet Eats for All 250 Decadent Gluten-Free Vegan Recipes--from Candy to Cookies Puff Pastries to Petits Fours



BOOK DETAILS

- Author : Allyson Kramer
- Pages : 336 Pages
- Publisher : Da Capo Lifelong Books
- Language : English
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BOOK SYNOPSIS

The Definitive Guide to (Gluten-Free Vegan) Dessert is the go-to allergy-free dessert book—from candy to cookies, puff pastries to petits fours, this is the essential book for creating decadent allergy friendly treats. With over 250 recipes, illustrated chapters on Basic Equipment and Tips and Common Conversions for both Omnivore and Glutenous Ingredients, and chapter openers discussing and illustrating techniques related to the recipes, this book boasts a comprehensive guide to making delicious desserts for any diet. Since multiple allergens are common among people who follow vegan and gluten-free diets, each recipe will be clearly labeled as soy free, nut free, corn free, refined sugar free, low fat, or bean free, and each recipe provides complete nutrition information to help you watch your intake while indulging.

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